

# Champagne-Mouton / Ruffec

## La Vélidéale

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**Départ**  
Champagne-Mouton

**Arrivée**  
Ruffec

**Durée**  
2 h 08 min

**Distance**  
32,03 Km

**Niveau**  
Medium

Your cycling adventure continues on towards Ruffec, taking you via two further Petites Cités de Caractère, Nanteuil-en-Vallée and Verteuil-sur-Charente, each inviting you to enjoy a refreshing pause. Nanteuil-en-Vallée, with its cobbled streets and typical historic Charentais-style houses, is full of charm, its main attractions the vestiges of its medieval abbey and a 1920s garden, the Jardin de l'Argentor. As to Verteuil-sur-Charente, its impressive château looks down on the Charente River, while its Romanesque church conceals one of the Charente's most dramatic Entombment of Christ scenes, featuring life-size terracotta figures. Next, it's on via the village of Barro to Ruffec, the first offering tranquillity, the second shops, so that you can regather strength before riding onwards.

### The route

This stage is on roads shared with motorized traffic separated by 2 greenway sections: at the Champagne-Mouton exit, from the intersection with the D740, then between Saint-Gervais and Nanteuil-en-Vallée.

### Practical information

Office de Tourisme Destination Nord Charente -  
Antenne de Ruffec  
18 Pl. des Martyrs de l'Occupation 16700 Ruffec - 05  
45 31 05 42  
<https://www.destination-nordcharente.com/>

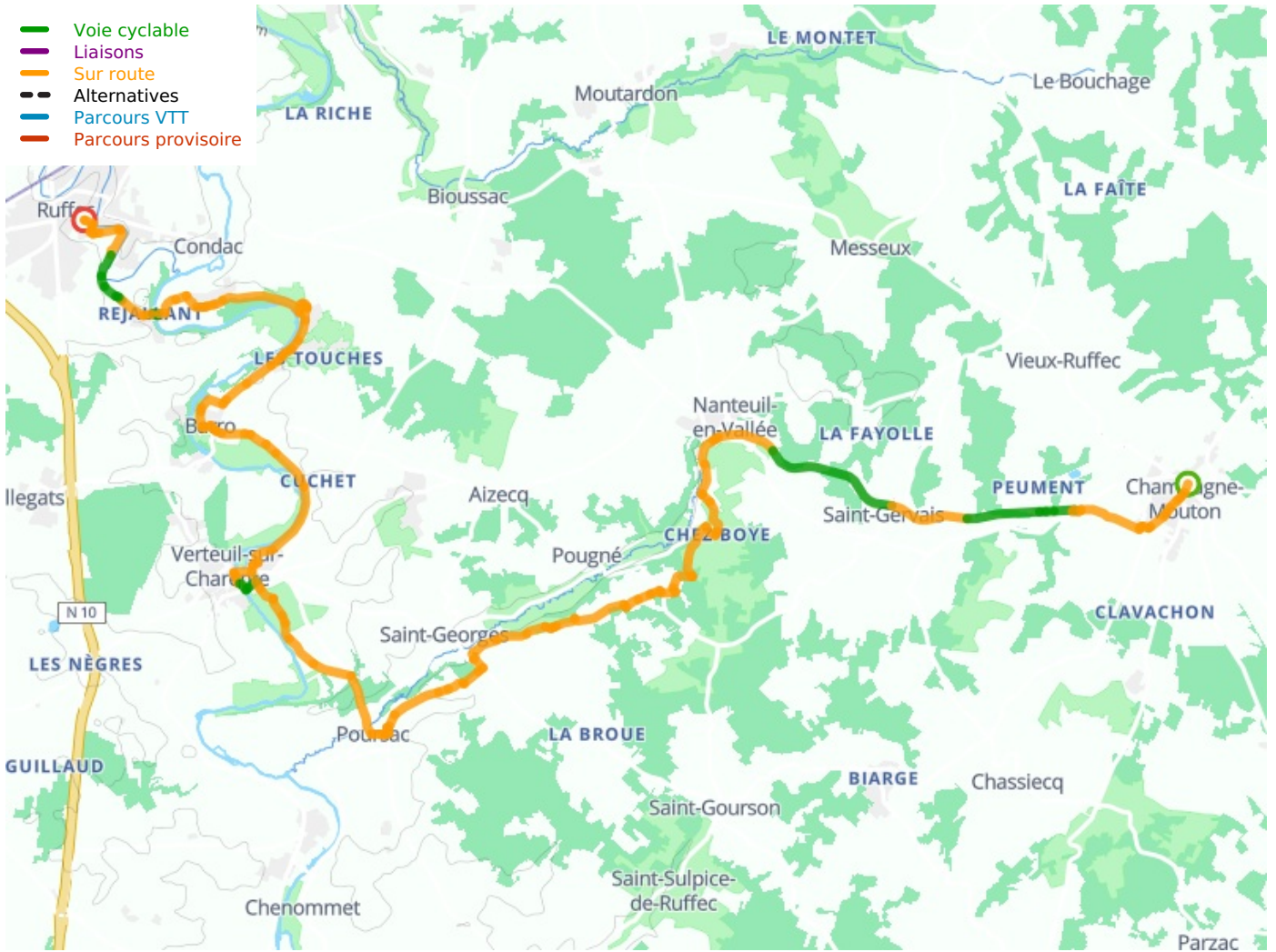
### SNCF

Gare de Ruffec, on the line Paris-Austerlitz < >  
Bordeaux-Saint-Jean

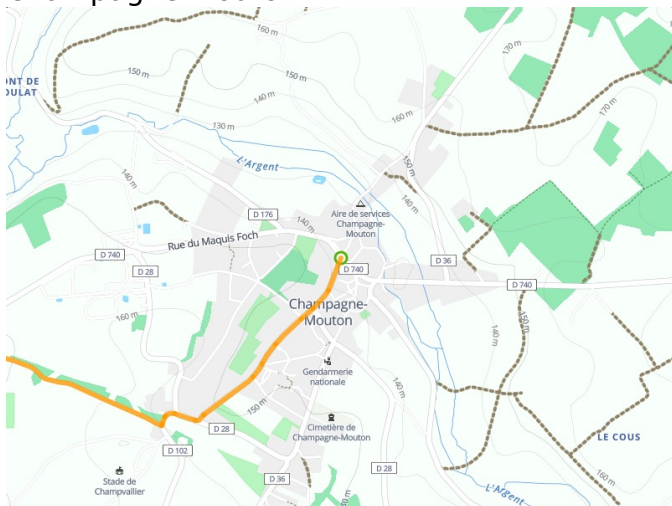
### Don't miss

- **Champagne-Mouton** : the château
- **Nanteuil-en-Vallée**: the abbey and the Jardin de l'Argentor
- **Verteuil-sur-Charente**: the château

- Voie cyclable
- Liaisons
- Sur route
- - - Alternatives
- Parcours VTT
- Parcours provisoire



**Départ**  
Champagne-Mouton



**Arrivée**  
Ruffec

